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## **Chelation Therapy**

Chelation Therapy is a natural process which enables a metal or mineral to bond to another substance in the body and in turn, toxins are removed by passing out harmlessly through the urine.

Certain toxic substances, over time, build up in the human body. The use of the amino acid EDTA (Ethylene-diamine-tetra-acetate), a man-made non-toxic food preservative, has been proven a safe and effective way to rid the body of these toxins.

In Chelation Therapy, an infusion of EDTA is slowly administered through a small needle in the patient's arm over 2-3 hours. Treatment may occur from once every 3 months to twice a week depending on the severity of the condition.

EDTA molecules bond to metals in the body such as lead, mercury, calcium, cadmium and aluminium and remove them from places they may be doing harm.

Chelation Therapy is a painless infusion, discomfort is very rare. Patients may eat, drink, chat and visit the toilet during the treatment.

Some of the positive effects of Chelation Therapy include an increase in blood flow, more flexible blood vessels and a generally more efficient body.

The first benefits of Chelation Therapy can sometimes be felt after only a few treatments, whereas in other situations a whole course of treatment must be executed before the effects are felt.

There are usually no unpleasant side effects to Chelation Therapy. Occasionally mild nausea, dizziness or headaches have been experienced, however if these symptoms arise the attending nurse or doctor will be able to prevent or treat them.

There is a very small risk of more serious complications, estimated at 1 in every 10,000 patients treated. This makes Chelation Therapy one of the safest of all medical procedures.

In over 6 years experience in NZ clinics, the worst thing to have happened to a patient was a severe attack of hypoglycemia (low blood sugar). This has never happened at Resort To Health and is carefully avoided by following dietary advice to eat well before and during the treatment.